

## Karen's Easy Egg Casserole

### Ingredients:

10 eggs  
1/2 cup flour  
1/2 cup butter (or margarine), melted  
1 lb. shredded cheese (jack or cheddar or a combo)  
1 tsp. baking powder  
2 cups low-fat cottage cheese  
4 oz. green chilis  
8 oz. meat\* (bacon, sausage, ham, etc.) \*optional

### Preparation:

Beat eggs until frothy. Add remaining ingredients. Bake 350 degrees in an uncreased 9 x 13 pan for 45 minutes or until golden.

Can be prepared, baked and frozen ahead of time; then defrosted and warmed to serve.

Recipe from Karen Guidotti

Enjoyed at the LCW Super Bowl Launch in *El Paso de Robles* at Wine Country RV Resort - January 27-31, 2020